

CAN'T RELY ON YOU

Choreographed by Darren Bailey, Raymond Sarlemijn, Roy Hadisubroto

Description: 80 counts, 2 walls, Cuban (cha cha)

Level: Advanced

Music: 'Can't rely on you' by Paloma Faith (115bpm)

Official UCWDC competition dance description

Date of usage 3 July 2014

Updated 15 April 2014 – Headings added

1-9: Side, Cross Rock, Recover, Step back, Behind, Side, Cross 1/4 turn L, Step, Sweep 3/4 turn L, Sailor L

- 1 Step RF to R side
- 2&3 Cross rock LF over RF, recover onto RF, Step diagonally back on LF
- 4&5 Step back on RF, close RF next to LF, make a 1/4 turn L and step forward on RF
- 6-7 Step forward on LF, closing RF next to LF make a 3/4 turn land sweeping LF out to finish
- 8&1 Cross LF behind slightly behind RF, close RF next to LF, step LF to L side

10-17: Hold x2, Close, Close, Side, Cross, Side, Back 1/4 turn L, Travelling 1/2 turn L

- 2-3 Hold, Hold
- 4&5 Step RF next to LF, Step RF next to LF, Step RF to R side
- 6&7 Cross LF over RF, step RF to R side, make a 1/4 L and step back on LF
- 8&1 Step back on RF, Make a 1/2 turn L and step forward on LF, Step forward on RF and start to roll hips Anti clockwise

18-25: hip rolls x2 making two 1/4 turns L, 1/4 L, Full turn Spiral L, Step forward, Lock, Step back

- 2 Complete full rotation of hips making a 1/4 turn L (Weight finishes on LF)
- 3-4 Step forward on RF and start to Roll hips Anti clockwise, complete full rotation of hips making a 1/4 turn L (Weight finishes on LF)
- 5 Make a 1/4 L and step forward on RF
- 6-7 Make a full spiral turn L, step forward on LF
- 8-1 Lock RF in front and across LF, step back on LF

26-33: Syncopated Locks steps back, 1/4 turn R into Sway x3, 1/4 L Lock forward

- 2&3& Step RF diagonally back R, cross LF over RF, step back on RF, step LF diagonally back L
- 4&5 Cross RF over LF, step back on LF, make a 1/4 turn R step RF to R side (swaying hips to R)
- 6-7 Sway hips L, sway hips R
- 8&1 Make a 1/4 turn L and step forward on LF, lock RF behind LF, step forward on LF

34-41: Syncopated High lock, Full turn L, Hold x2, Side steps with chest pop

- 8&2&3 Step forward on RF (ball of foot), lock LF behind RF (ball of foot), step forward on RF, step forward on LF
- 4&5 Make a 1/2 turn L and step back on RF, make a 1/2 turn L and step forward on LF, Step RF to R side
- 6-7 Hold, Hold
- 8-1 Close LF next to RF, Step RF to R side (chest pops on counts 8,&)

42-49: Side steps with chest pop, Cross Rock, Recover, Step back, Travelling 1/2 turn R, Travelling 1/2 turn R with Drag

- 2-3 Close LF next to RF, Step RF to R side (chest pops on counts 8,&)
- 4&5 Cross rock LF over RF, recover onto RF, step diagonally back on LF
- 6&7 Cross RF over LF, Step back on LF to L diagonal, make a 1/2 turn R and step forward on RF
- 8&1 Make a 1/4 turn R and step LF to L side, make a 1/4 turn R and step back on RF, Take a big step back on LF

50-57: Step back, Coaster step L, Step, Lock, R Lock step

- 2-3 Pull RF towards LF, step back on RF
- 4&5 Step back on LF, close RF next to LF, step forward on LF
(the above counts 6&7 8&1 2-3 4&5 are all danced traveling to 7:30 'diagonal')
- 6-7 Step forward on RF, lock LF behind RF
- 8&1 Step forward on RF, lock LF behind RF, step forward on RF
(6-7 8&1 are danced towards 1:30 diagonal)

58-64: Cross, step back 1/4 turn L, Chasse L, Hold x2, Close, 1/4 turn R

- 2-3 Cross LF over RF, make a 1/4 turn L and step back on RF
- 4&5 Step LF to L side, close RF next to LF, step LF to L side
- 6-7 Hold, Hold
- 8& Close RF next to LF, make a 1/4 turn R and step forward on LF

65-72: Flick, Touch, Hold, Cross, Touch, Hold, Heel Swivel, Return, Hold, Chest pop, Hold,

- 1&2 Flick RF behind LF, touch RF to R side, hold
- 3&4 Step forward on RF, touch LF to L side, hold
- 5&6 Flick both heels to R, return heels to place, hold
- 7&8 Pop chest out, return chest to position, hold

73-80: Slow Cross with R leg, Slow full turn L, (weight ends on Lf)

- 1 Place weight onto LF
- 2-3-4 Lift R leg and slowly cross in front of LF
- 5-6-7-8 Unwind a full turn slowly placing weight onto LF