

# Don't

**Count:** 32    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Amy Glass (July 2014)

**Music:** Don't by Ed Sheeran (3:39; 95 BPM). iTunes

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## 16 count intro; dance starts on lyrics

### [1-8] Walk R, L, Out, Out, In, Cross, Hip Bump ¼ L, Coaster

- 1-2            Walk forward R, L
- &3&4        Step R out, L out, R in, Cross L over R
- 5-6            Bump R hip to R side, Place weight on R while turning ¼ L (9:00)
- 7&8            Step L back, R beside L, L forward (9:00)

### [9-17] Kick Ball, Rock Recover, Cross & Cross, Sway, Sway, Sway with ¼ L, Kick Ball Step

- 1&            Kick R foot forward, Step on ball of R foot
- 2&            Rock L to L side, Recover weight on R
- 3&4            Cross L over R, Step R to R, Cross L over R
- 5-6-7        Step R to R while swaying R, Sway L, Sway R while turning ¼ L (6:00)
- 8&1            Kick L foot, Step on ball of L, Step forward R (6:00)

### [18-24] Touch, Prep, Rolling Turn, Point, 1/4 L Step/Sweep, Cross

- 2            Touch ball of L foot next to R
- 3            Step L to L side, prep to turn R by actually stepping more to 4:30
- 4&5        Make a rolling full turn to the R

### [Turn ¼ R stepping forward R (9:00), ½ R stepping back L (3:00), ¼ R stepping side R (6:00)]

- 6            Point L to L side (6:00) [style/prep body by turning shoulders to 7:30]
- 7            Turn ¼ L while placing weight on L and sweeping R in front of L (3:00)
- 8            Cross R over L

### [25-32] Step Back, Side Rock, Step Back, Side Rock, Step Back, Walk R, L, Paddle Turn ¼ x 2

- 1            Step back on L
- 2&3        Rock R to R side, recover weight on L, Step back R
- &4&        Rock L to L side, recover weight on R, Step back L
- 5-6        Walk forward R, L
- &7        (Hitch R)\*\* Turn ¼ L while pointing R to R side (paddle turn) (12:00)
- &8        (Hitch R)\*\* Turn ¼ L while pointing R to R side (paddle turn) (9:00)

**\*\*Styling These Paddle Turns are intended to be smooth, so while turning ¼ the R knee technically hitches, don't exaggerate the hitch but rather focus on pointing the R foot**

**Overall styling: This dance is West Coast Swing rhythm and should be danced smoothly. The kick ball steps should have no "hop" to them and could be thought of as a touch-ball-step. Imagine your feet are gliding on the floor while dancing this dance.**

**Ending: On the 10th wall, the paddle turns will take you back to the back wall and the music ends. When doing these paddle turns, paddle back to the front wall instead.**

**Have fun!**

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