

HEY Y'ALL

Choreographed by Nicola Lafferty

Description: 64 count, 2 wall, Pulse (ecs)

Level: Intermediate

Music: 'Hey Y'All' by Chris Cagle (140BPM)

Official UCWDC competition dance description

Date of usage 30 May 2013

There are 2 restarts, after 16 counts on Walls 3 & 6

1-8 Kide, Side Rock, Weave, Side Chasse, Rock, Recover

- 1&2 Kick RF fwd, Rock RF to R side, Recover weight to LF
- 3&4 Cross RF behind LF, Step LF to L side, Cross RF over LF
- 5&6 Step LF to L side, Close RF to LF, Step LF to L side
- 7,8 Rock RF back, recover weight to LF

9-16 ¼ Turn, Triple Back, ½ Turn Triple Fwd, ¼ Turn Side, Touch, Hold, & Cross, Side

- 1&2 Making ¼ turn to L, do a Right triple back (face 9.00)
- 3&4 Making ½ turn to L, do a Left triple forward (face 3.00)
- &5 Making ¼ turn to L, step RF to R side, Touch LF beside RF (face 12.00)
- 6 Hold
- &7,8 Put weight to LF, Cross RF over LF, Step LF to L side

*** On Walls 3 and 6, restart the dance here from the beginning**

17-24 R Triple Back, Rock Recover, ½ Pivot to ½ Sweep

- 1&2 Step RF back, Close LF to RF, Step RF back
- 3-4 Rock LF back, Recover weight to RF
- 5-6 Step LF fwd, pivot a ½ Turn to R (face 6.00)
- 7-8 Close LF to RF, sweeping RF round from front to back as you make a ½ turn over R shoulder (face 12.00)

25-32 2 x Sailor Steps, Step ¼ Turn, Step ¼, Full Spiral Turn

- 1&2 Cross RF behind LF, Step LF to L side, Step RF in place
- 3&4 Cross LF behind RF, Step RF to R side, Step LF in place
- 5,6 Making ¼ Turn R, Step RF to R side, Touch LF to L side (face 3.00)
- 7 Make ¼ turn to L putting weight to LF (face 12.00)
- &8 Step RF fwd, make a full spiral to L, leave LF free (face 12.00)

33-40 L Triple Fwd, Hitch, Cross, Side Triples to Diagonals

- 1&2 Step LF fwd, Close RF to LF, Step LF fwd
- 3-4 Rise up on ball of LF as you hitch R knee, Cross RF over LF (face 10.30)
- 5&6 Facing 10.30, Step LF to L side, Close RF to LF, Step LF to L side
- 7&8 Make ¼ Turn over R shoulder to face 1.30 as you step RF to R side, close LF to RF, step RF to R side (face 1.30)

41-48 Rock Recover & Cross Touch, Cross Kick, Slow Cross

- 1-2 Still facing 1.30, Rock LF fwd, Recover to RF
- &3,4 Close LF to RF, Cross RF over LF, Touch LF to L side
- 5-6 Cross LF over RF, Kick RF to R side
- 7-8 Cross RF over LF and slowly bend knees (face 1.30)

49-56 Triples anti-clockwise to face 3.00, Slide RF fwd

- 1&2 Triple LRL, starting to make a circle over L shoulder
- 3&4 Continue the circle doing a triple R,L,R
- 5&6 Facing 3.00 Triple fwd, LRL
- 7-8 Slide RF a big step Fwd, Touch LF beside RF (face 3.00)

57-64 Hip Bumps to L, Tap, Hitch, Step, Sailor with ¾ turn, 2 x Hip Walks

- 1&2 Stepping LF out to L side, bump hips L,R,L
- 3&4 Tap RF beside LF, Hitch R knee, Step RF to R side
- 5&6 Making a ¾ turn over L shoulder to face 6.00, complete a L sailor step
- 7-8 Step RF to R side pushing R hip to R, Step LF to L side, pushing L hip to L