Hurt No More



		GOPPER STEPSHEETS
Choreographe	nt:32Wall:2Level:Intermediateor:Grace David (KOR) & Amanda Rizzello (FR) - November 2023o:Hurt No More - CHASE WRIGHT	
Intro: 16 Counts Sequence: 32,	s, Tags 32, Tag, 32, 32, Tag, 32, 32, Tag	
SEC 1: WALK, 1 2	WALK, SIDE-ROCK, CROSS, ½ BACK SHUFFLE, ¼ SIDE ROCK-RECOVE Step RF Fwd, Step LF Fwd,	ĒR
3&4	Rock RF on R side, Recover on LF, Cross RF over LF	
5&6	Turn ¼ to R stepping LF on side, Step RF next to LF, Turn ¼ to R stepping	LF back(6:00)
78	Turn 1'4 to L Rocking RF on side, Recover on LF (9:00)	
SEC 2: CROSS	S SHUFFLE, SIDE-ROCK, CROSS, HINGE TURN, CROSS-ROCK, RECOV	ER
1&2	Cross RF over LF, Step LF slightly behind RF on ball, Cross RF over LF	
3&4	Rock LF on L side, Recover on RF, Cross LF over RF	
56	Turn ¼ to L stepping RF back, Turn ¼ L stepping LF on side (3:00)	
78	Rock RF over LF, Recover on LF	
SEC 3: SIDE C	HASSE, 1/8 WALK, WALK, FORWARD MAMBO, BACK W/ SWEEPS	
1&2	Step RF on R side, Step LF next to RF, Step R on side	
34	Turn 1/8 to R Stepping LF Fwd, Step RF Fwd (4:30)	
5&6	Rock LF Fwd, Recover on RF, Step LF Back	• • • • •
78	Step RF back sweeping LF from front to back, Step LF back sweeping RF f	rom front to back
SEC 4: 1/8 WE	AVE STEP, BACK DRAG, BALL, WALK, WALK, ¾ TURN TO LEFT	
1&2&	Step RF behind LF, Turn 1/8 to L stepping LF on side, Cross RF over LF, S side(9:00)	tep LF on L
34	Big Step back on RF, Drag LF towards RF	
&56	Step LF next to RF on ball, Step RF Fwd, Step LF Fwd,	
7 8 (Optional Turn:	Turn ½ to L stepping RF back, Turn ¼ to L stepping LF on L side (6:00) On Counts 78, Can do double 1 & ¾ Turn with counts 7&8& to face the next	t wall)
•	d, 4th, 6th Wall, all facing 12 :00) HOLD, BALL, SIDE, TOGETHER, CROSS, HINGE TURN, CROSS ROCK-RI Step RF on R side, Hold	ECOVER
&3 4	Step LF next to RF on ball, Step RF on R side, Step LF next to RF	
567	Cross RF over LF, Turn ¼ to R stepping LF back, Turn ¼ to R stepping RF	on side
8&	Rock LF over RF, Recover on RF	
[1-8] L SIDE. H	IOLD, BALL, SIDE, TOGETHER, CROSS, HINGE TURN, STEP FORWARD	BALL
12	Step LF on L side, Hold	,
&3 4	Step RF next to LF on ball, Step LF on L side, Step RF next to LF	
567	Cross LF over RF, Turn ¼ to L stepping RF back, Turn ¼ to L stepping LF	on side
8&	Step RF Fwd, Step LF next to RF on ball	
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